

ISSUE-FOCUSED MINISTRY PERSONAL QUESTIONNAIRE

Brave hearts seek free hearts! We celebrate your bravery in seeking freedom from the issue that is adversely affecting your life and keeping you from becoming all that God has created you to be.

"The Spirit of the Lord God is upon Me...He has sent Me to heal the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound;" Isaiah 61:1-3

Issue-Focused Ministry is a form of inner healing prayer ministry for those who seek assistance with a single and/or recurring issue that is adversely affecting his/her life.

In preparation for your ministry, we would like to ensure that you have a clear understanding of what you may expect from your Prayer Ministers as well as what is expected of you as the Ministry Receiver.

Your Prayer Ministers commit to...

- spend time in prayer asking the Holy Spirit for discernment and to prepare you for ministry.
- minister to your wounds in the soul which may have built a faulty foundation in your belief system.
- minister to your spirit man so that you may have the strength to win the battle you are in.
- provide a safe, confidential environment throughout the ministry process.

We ask that you commit to...

- spend time in prayer asking the Holy Spirit for discernment and to prepare you for ministry.
- invest in your healing through pre-ministry preparation and walking out your healing after ministry.
- be honest and transparent with your prayer ministers throughout the ministry process.

The ministry process includes...

- 1. Ministry Receiver completes Personal Questionnaire (PQ) on the following pages, to include signing and dating the Waiver of Liability and Confidentiality.
- 2. Ministry Receiver and Prayer Ministers meet for a pre-ministry interview [60 90 minutes].
 - * Please be prepared to pay a \$50 administrative fee at pre-ministry interview, which includes a copy of *Healing & Freedom* book.
- 3. Ministry Receiver completes pre-ministry preparation (e.g. readings, audio/video teachings, etc.).
 - * <u>All Ministry Receivers are required</u> to read *Healing & Freedom* <u>prior</u> to their first ministry session. **Ministry session will be rescheduled if required reading has not been completed.**
- 4. Ministry Receiver and Prayer Ministers meet for ministry sessions [3 4 hours].

If you need to cancel or reschedule, please do so no less than 12 hours before the scheduled session, otherwise you will be invoiced for a \$35 fee.

Financial considerations...

Because we desire to provide ministry to anyone the Lord brings to us, we do not require payment for ministry. However, we do ask that you prayerfully consider a suggested donation of \$50/hour for your ministry process as we rely solely on donations to cover operating expenses, and our ministry teams invest approximately 5-6 hours in each ministry process as noted above.

1 Timothy 5:18 "...the laborer is worthy of his reward."

FreeHeart Ministry is a 501(c)(3) tax-exempt, non-profit organization -- donations are tax deductible. For your convenience, online giving is available on our web site at freeheartministry.com.

The following Personal Questionnaire (PQ) will help your Prayer Ministers identify possible underlying roots that may be causing the issue that is adversely affecting you.

Using a dark-colored ink, please fill out the following pages honestly and to the fullest extent possible, to include signing/dating the Waiver of Liability and Confidentiality. (NOTE: This PQ will be held in strict confidence and returned to you at the end of the ministry process.)

Submit your completed PQ via one of the following methods:

- Email: freeheartministry@gmail.com (PDF file please)
- Mail: FreeHeart Ministry, 208 N Herman St, Goldsboro NC 27530
- Deliver: Drop in mailbox at FreeHeart Ministry, 208 N Herman Street, Goldsboro (front entrance)

Once you have submitted your completed PQ, please notify us via email (freeheartministry@gmail.com) or text (919-738-4064), and one of our prayer ministers will contact you upon receipt of your PQ.

PERSONAL INFORMATION		
Name:	DOB:	Age:
Address:		
City/State/Zip:		
Cell Phone:	Home Phone:	
Email:		
Preferred Method of Communication:	TEXT □ EMAIL □ CALL □ (CEL	L or HOME)
Best Time to Contact You (Circle Choice	es): Weekdays / Weekends / Mornii	ngs / Afternoon / Evening
Occupation:	Referred by:	
Marital Status: Single \square Married \square	Separated \square Divorced \square Widowe	d \square Remarried \square
Presently living with: Parents Spou	se 🗆 Alone 🗆 Other	
MARITAL BACKGROUND		
Spouse's Name:	Age: Dat	e of Marriage:
Please rate your Marriage: Dissatisfied	d \square Average \square Satisfied \square Very S	Satisfied \square
If your current issue involves your spou	use, is he/she willing to also receive	1-2 ministry sessions?
Yes □ No □ Uncertain □ Is spo	use saved? Yes \square No \square Uncertain	
Is this your first marriage: Yes \square No	☐ If not, please explain:	

CHILDREN

If you have any children or stepchildren, please fill in the following information.

NAME	AGE	SEX	FROM WHICH MARRIAGE?	SELF SUPPORTING?	MARRIED?	STILL ALIVE?	AGE & CAUSE OF DEATH?
SIBLINGS Names and ages of sib LIST ALL YOUR FAN SPIRITUAL/RELIGIO Have you made a com	AILY L	ACK(NAMES THAT GROUND Jesus Christ as	YOU KNOW Lord and Savior			
Briefly tell what happe							
Have you received the	Baptis	sm of	the Holy Spirit v	vith manifestati	on of speakir	ng in tong	gues? (Not
referring to water bap	tism).	Yes [□ No □ When	?			
Describe your present	relatio	onship	with the Lord:				
Please list all previous church affiliations:							

DESCRIPTION OF YOUR CURRENT ISSUE

1.	Describe the issue that prompted you to seek ministry at this time.
2.	How is your life affected by this issue?
3.	How do you feel about yourself because of this issue?
4.	What is the most painful or difficult thing for you about this issue?
 5.	On a scale of 1-10, how painful is this issue (10 being very painful)?
6.	How are others that you love being affected because of this issue?
7.	How is your relationship with God being affected by this issue?

8.	When did the issue begin? Is it an ongoing issue?
9.	List any similarities between your current issue and painful situations you have experienced in your childhood. List any similarities in the more recent past.
10.	What will happen if this issue is not resolved?
11.	What is my part in adding to this issue?
12.	What patterns or issues in your family line do you believe may be similar, to your issue?
13.	What ways have you already tried to resolve this issue? (Ex. Counselor, psychiatrist). Please list any mental health medications.
14.	Please list any word curses spoken to/about you, either currently or in the past, that could relate to your current issue. (ex. "You are such a failure," or "You are so stupid.") Who spoke this over you?

(Example "I am stup	id.")
	ments you have made against anyone else that might relate to your issue. d for not being there as a child".)
ANCESTORS' BAC	KGROUND
Pages 6-8 give you an o	KGROUND oportunity to present an overview of your ancestors and their areas of sin that act on your current issue.
Pages 6-8 give you an o _l might be having an imp	oportunity to present an overview of your ancestors and their areas of sin that
Pages 6-8 give you an op might be having an imp What country(s) did you	oportunity to present an overview of your ancestors and their areas of sin that act on your current issue.
might be having an imp What country(s) did you What are the ethnic bac	oportunity to present an overview of your ancestors and their areas of sin that act on your current issue. In ancestors originally come from?
Pages 6-8 give you an openight be having an imp What country(s) did you What are the ethnic bac What are the church bac	oportunity to present an overview of your ancestors and their areas of sin that act on your current issue. It ancestors originally come from?
Pages 6-8 give you an opmight be having an imp What country(s) did you What are the ethnic bac What are the church bac Were they involved in u	oportunity to present an overview of your ancestors and their areas of sin that act on your current issue. In ancestors originally come from?

PARENTS' BACKGROUND

Parents: Married \square Se	parated \square Divorced \square R	emarried \square Saved? Father \square Mother \square
Rate your parents' marr	age: Unhappy Average	e 🗌 Happy 🗎 Very happy 🗀
If parents are/were sepa	rated/divorced, how old w	vere you at the time?
Father remarried when	ou were ageN	Nother remarried when you were age
You lived with: Father	│ Mother □ Stepparent □	☐ Foster parent ☐ Other
Father deceased? Yes]No □ How old were yo	u at the time of death?
Mother deceased? Yes	\square No \square How old were ye	ou at the time of death?
Give three words that ch	naracterize your relationsh	ip with your mother.
1	2	3
Give three words that ch	naracterize your relationsh	ip with your father.
1	2	3
Mother:		
Please fill in the blanks		
I often felt that my fath	er	
FAMILY PATTERNS (A	Answer this question as how	w strongly it relates to your current issue.)
	n negative emotions or beh liousness, people pleasing	naviors in your family line that may or may not be in , controlling, etc.)

OPEN DOORS, FAMILY SIN PATTERNS

A S R

Please identify the **sin patterns** that your ancestors, and/or you, are involved with that relates to your issue.

The 'S' (self) column is for YOU and the 'A' (ancestors) column is for your parents, grandparents, and/or great grandparents. Check (X) each pattern that applies. Please check (X) the 'R' (related) column for each pattern that you believe strongly relates directly to your current issue. Please consider these items as honestly as you can.

A S R

Examples: \boxtimes \boxtimes \square Failure	⊠ ⊠ Pride (Strongly Regular)	elated to My Issue)	
(Note: in the examples, both ancestors and 'self' were involved in these sins)			
A S R Abandonment	A S R □ □ □ Anxiety	A S R ☐ ☐ ☐ Cult Involvement	
□ □ □ Abandonment Emotional	□ □ □ Anorexia/Bulimia	□ □ □ Cutting	
□ □ □ Abandonment Physical	□ □ □ Anger/Rage	□ □ □ Cyber Sex	
□ □ □ Abuse Emotional	□ □ □ Bitterness/Criticalness	\square \square Death, Premature Death	
□ □ □ Abuse Physical	\square \square Bound/Hindered Emotions	\square \square Deception/Lying	
□ □ □ Abuse Sexual	□ □ □ Chronic Illness	□ □ □ Deceptive Bus. Practices	
□ □ □ Abuse Spiritual	□ □ □ Confusion	\square \square Demonic Torment	
□ □ □ Abuse Verbal	□ □ □ Communication	\square \square Depression/Grief	
\square \square Addictions/Compulsions	□ □ □ Control Issues	\square \square Divorce/Separation	
□ □ □ Drugs, Legal/Illegal		□ □ □ Perfectionism	
□ □ □ Failure		□ □ □ Pornography	
□ □ □ Family Secrets		\square \square Post Traumatic Stress Syn.	
□ □ □ Favoritism		□ □ □ Premarital Issues	
□ □ □ Fears/Anxiety		□ □ □ Pride/I Know Best	
\square \square Financial Issues/Problems		□ □ □ Rebellion	
□ □ □ Freemasonry		□ □ □ Rejection	
□ □ □ Gender Identity Confusion		□ □ □ Religious Issues/Legalism	

A S R □ □ □ Idolatry	A S R ☐ ☐ ☐ Sexual Bondage
□ □ □ Job Related Issues	\square \square Shame/Guilt
□ □ Lack	\square \square Sleep Problems
\square \square Lack of intimacy	□ □ □ Strife/Division
□ □ Legal Issues	\square \square Suicide Thoughts/Attempts
□ □ Loss	□ □ □ Trauma
□ □ Marriage Issues	\square \square Unbelief/Doubt
□ □ Neglect	□ □ □ Unfulfilled Lives
□ □ ■ Mental Illness	□ □ □ Unforgiveness
□ □ New Age/Gothic	\square \square Unworthiness/Inferiority
□ □ Not Wanted	\square \square Victimization/Passivity
□ □ □ Occult Involvement	□ □ □ Violence
□ □ □ Parents/In-Law Issues	□ □ □ Withdrawal
☐ ☐ People Pleasing	

Read the following statements and check (\checkmark) the ones that directly relate to your current issue

INNER VOWS (ungodly promises made to yourself in response to pain) ABOUT MYSELF

THE	ME: REJECTION, NOT BELONGI	NG
	1. I will always be on the outs	side (left out).
	2. I will always be lonely.	,
	3	
THE	ME: DOING TO ACHIEVE SELF W	ORTH, VALUE, RECOGNITION
	1. I will never get credit for w	hat I do.
	2	
THE	ME: PERSONALITY TRAITS	
		(angry, shy, jealous, insecure, fearful, etc.)
		(likable, lovable, happy, safe, content, etc.)
	3	
THE	ME: IDENTITY	
	1. I will never be known or ap	opreciated for my real self.
	2. I will never really change a	
	3	
THE	ME: MISCELLANEOUS	
	1. I will always have financial	problems.
	2	
<u>INN</u>	ER VOWS ABOUT OTHERS:	
THE	ME: SAFETY/PROTECTION	
	1. I will not be vulnerable, hu	miliated, or shamed.
		ong in order to protect and defend myself.
	3.	
THE	ME: RETALIATION	
	1. I will make sure that	hurts as much as I do!
	2	

THEME: VICTIM
1. Authority figures will always humiliate me and violate me.
2. I will always be used and abused by other people.
3. I will not be known, understood, loved, or appreciated for who I am by those close to me.
4
THE ALL DESCRIPTION OF THE ATTRACTOR OF
THEME: DEFECTIVE IN RELATIONSHIPS
1. I will never be able to fully give or receive love. I do not know what it is.
2. I will never be a priority with those in authority over me.
3
THEME: GOD
1. No matter how much I try, I will never be able to do enough nor do it well enough to please
God.
2
Please list any inner vows you have said about yourself that are not listed.

UNGODLY BELIEFS ABOUT MYSELF: By the way, all of us have Ungodly Beliefs! ©

THEME: REJECTION, NOT BELONGING	
1. I do not belong.	
2. My feelings do not count. No one cares	what I feel.
3. No one loves me or cares about me just	
4. The special man/woman/significant pec	
5	
THEME: UNWORTHINESS, GUILT, SHAME	
1. I am not worthy to receive anything from	m God.
2. I am the problem. When something is w	rong, it is my fault.
3. I am a bad person. If you knew the real	me, you would reject me.
4. If I wear a mask, people will not find ou	t how horrible I am and reject me.
5. I have messed up so badly that I have m	issed God's best for me.
6	
THEME: DOING TO ACHIEVE SELF WORTH, VALU	E, RECOGNITION
1. My value is in what I do. I am valuable b	ecause I do good to others or because I am "successful."
2. Even when I do or give my best, it is not	good enough. I can never meet the standard.
3. God does not care if I have a "secret life	e," as long as I appear to be good.
4	
THEME: CONTROL (to avoid hurt)	
1. I have to plan every day of my life. I hav	e to continually plan/strategize. I cannot relax.
2. The perfect life is one in which no confli	· · · · · · · · · · · · · · · · · · ·
	g others' approval by being passive and not do anything.
4. The best way to avoid more hurt, reject	
5	
THEME: PHYSICAL	
1. I am unattractive. God short changed m	e.
	ies. They are just part of what I have inherited.
3	
THEME: PERSONALITY TRAITS	
1. God made me: (angry, shy, jealous, inse	cure, fearful, etc.)
(likable, lovable, happ	
2.	•

THEME: IDENTITY	
1. I should	have been a boy/girl, then my parents would have valued/love me moreetc.
2. Men/wo	men have it better.
3. I am not	competent/complete as a man/woman.
4	
THEME: MISCELLA	ANEOUS
1. I have wa	asted a lot of time and energy, some of my best years.
2. Turmoil i	s normal for me.
3	
UNGODLY BELI	EFS ABOUT OTHERS:
THEME: SAFETY/I	PROTECTION
1. I must be	e very guarded about what I say since anything I say may be used against me.
2. I have to	guard and hide my emotions and feelings.
3. I cannot	give anyone the satisfaction of knowing that they have wounded or hurt me.
4. The best	way to survive is to (avoid, overpower) other people.
5. It is not s	safe to submit myself to anyone.
6	
THEME: RETALIAT	TION
1. The corr	ect way to respond if someone offends me is to punish them by withdrawing and/or
cutting t	
2	
THEME: VICTIM	
1. My value	e is based totally on others' judgement/perception about me.
	npletely under their authority. I have no will or choice of my own.
3	
THEME: HOPELES	SNESS/HELPLESSNESS
	there all alone. If I get into trouble or need help, there is no one to rescue me.
2. I have m	ade such a mess of my life there is no use going on.
	ctim of my circumstances and there is no hope for change.
THEME: DEFECTIV	/E IN RELATIONSHIPS
	yone get close to me, I may get my heart broken again. I cannot let myself risk it.
	please you, I will not receive your pleasure and acceptance of me.
	rive (perfectionism) to do whatever is necessary to try to please you.
4.	

Continue Ungodly Beliefs

THEME: GOD	
1. God loves other people more than He loves me.	
2. God only values me for what I do.	
3. God is judging me when I relax. I have to stay busy about His work or He will punish me.	
4. God has let me down before. He may do it again. I am angry and cannot trust Him or feel secure with Him.	
5	

FINAL COMMENTS

lease share anything else that you feel would help your Prayer ministers better understand you and our current issue.					
					
			 		
			 		
					

MINISTER'S NOTES						
				 		

This questionnaire has been adapted from Elijah House, Restoring the Foundations, & Spiritual Interventions. (FreeHeart Ministry, June 19, 2023)

COMMITMENT, REFERRAL, AND WAIVER OF LIABILITY AND CONFIDENTIALITY

Expectations of Your Commitment

I understand it is expected that I have a sincere desire to overcome whatever issue(s) is hindering me, and I am expected to cooperate fully with the Holy Spirit and my Prayer Ministry Team in order to facilitate receiving God's help. I may be asked to pray, fast, and/or complete "homework" in conjunction with my ministry. My ministers may ask me to be accountable to them for specific behaviors or areas of my life.

Referral

If my ministers are not equipped to minister to my particular need or if I need long-term ministry, they may refer me to other sources for assistance.

Waiver of Liability

I understand that I will be meeting with ministers who will listen, support, encourage, pray, and minister to me to help me overcome my issue(s) and to grow in my Christian life. I accept that they may not be licensed or professional pastors or counselors.

Waiver of Confidentiality

I am aware that all statements I make to the ministers (and to any other persons present during my ministry) are of a confidential nature, including all written information, and that legally and ethically these may not be disclosed without my written consent. However, I waive my right to complete confidentiality in the following situations:

- I accept that my ministers may give a verbal summary report of the ministry to their oversight person.
- I acknowledge that FreeHeart Ministry or any other persons involved in working with adults and children in a helping setting are either encouraged or required by law to disclose to the appropriate person, agency, or civil authority any harm, or potential harm, that a person may attempt or desire to do to one's own self or others.
- I acknowledge that FreeHeart Ministry is also required to report any reasonable suspicion of physical or sexual abuse that has been done or is being done to a minor child.
- I accept that FreeHeart Ministry reserves the right to make such reports as mandated by law whether or not they confer with me first.

By my signature below, I acknowledge that I have read and understand the Waiver of Liability and Waiver of Confidentiality and that I accept the stated conditions and limits of confidentiality.

Signature:	Date:			
Printed Name:	Birth Date:			
Address:				
City/State/Zip:	Email:			
Phone:	(C)	(H)		
Minister's Name:	Phone:			
Minister's Name:	Phone:			